

## SUPPORTING THE ENGAGEMENT AND PARTICIPATION THE PROGRAMME FOR THE SEMINAR IN FINLAND 23<sup>rd</sup> – 26<sup>th</sup> SEPTEMBER 2009

DATE	TIME	PROGRAMME	VENUE	REMARKS
Wednesday, 23 <sup>rd</sup> September 2009	Evening	Arrival of participants	Hotel Kuninkaantie, Lakelankatu 1, Espoo (www.sodexo.fi/en-GB/hotel_kuninkaantie/)  Single room appr. 81 € /night	App. 25-30 min. from the airport  I'll try to arrange pick-up from the airport
		Dinner (on self-paid basis) in the hotel restaurant for the early comers	Restaurant Frida (www.sodexo.fi/en-GB/hotel_kuninkaantie/restaurant /)	Restaurant open until 22.30
Thursday, 24 <sup>th</sup> September 2009	8.45 - 8.50	Walk from the hotel to school		Pick up from the hotel at 8.45 Mika
	9.00 - 12.30	Welcome words and start of the seminar  Supporting the engagement and participation – workshops  Group 1 – Ms Pirjo Salervo  Group 2 – Ms Sirje Hassinen  Group 3 – Mika	Omnia Lakelankatu 226	Principal Ms Sirkka Wiman  Mika  Refreshments during the workshops
	12.30 - 13.15	Lunch	Omnia Lakelankatu student's lunch restaurant	Our treat
	13.30 - 15.30	Walk around the campus in Espoo center  Lakelankatu – laboratory, teaching kitchen, bar classroom  Lehtimäentie – hairdressing- and beautician classrooms  Kirkkokatu – landscape construction, wood processing, the office of international affairs		Mika
	15.30 - 16.30	Summary of the workshops  Afternoon coffee during the meeting	Omnia Kirkkokatu 3017	Mika  Our treat
	16.30 - 16.50	Walk to the hotel through the Espoo Cathedral church park		
	17.15	Departure from the hotel		Minibus 15 €/person
	17.30 - 20.30	Evening activity in Nuuksio national park  Please be prepared to walk in the woods (walking/trekking shoes, windproof and warm clothes)	Haukkalampi, Nuuksio natural park, Espoo	App. 22 €/person.  The evening programme by Ms Inkeri Pekkala and Ms Katja Vuorenjuuri, students of tourism activities in Omnia Adult Education Centre (Competence test)
	20.30 - 20.45	Back to the hotel		
	20.45 -	Free time	A possibility to check the nightlife in Espoo/Helsinki	

Friday, 25 <sup>th</sup> September 2009	8.00 - 8.30	Walk from the hotel to Lehtimäentie	Hotel	Pick up from the hotel at 8.00 Mika
	8.30 - 11.00	Pedagogical Seminar of Omnia Adult Education Center	Omnia Lehtimäentie Auditorium	Development manager Ms Riitta Sairanen
		Motivating learning environments		Lecturer from HAMK – University of Applied Sciences
		A short introduction of the project and partners to the staff of Omnia Adult Education Centre		Mika and all partners
		Morning coffee during the seminar		Principal Ms Sirkka Wiman Our treat
	11.00 - 11.30	Walk to Lakelankatu		
	11.30 - 12.30	Workshop – writing down the best practices	Omnia Lakelankatu 251	
	12.30 - 13.15	Lunch in the student's lunch restaurant	Omnia Lakelankatu	Our treat
	13.15 - 13.30	Walk to the train station		
	13.30 - 14.00	Train to Helsinki	Espoon keskus train station – Helsinki Central Railway Station	Train from Espoo to Helsinki 4 €/person
	14.00 - 15.30	Walking tour in Helsinki city centre	Helsinki	By foot, guided by Ms Gabi Werner, a student of tourism activities in Omnia Adult Education Centre (Competence test)
	15.30 - 16.30	Workshop – planning the future	Helsinki, Eteläranta 10	
	16.30 - 19.00	Free time	Helsinki / Espoo	A possibility to do some shopping in Helsinki or to relax at the hotel  Train from Helsinki to Espoo 4 €/person
19.00 -	Farewell dinner  Be prepared – Mika has planned something special for you☺!	Omnia Lakelankatu 0170	20 €/person	
Saturday, 26 <sup>th</sup> September 2009		Departure	Helsinki-Vantaa Airport	Taxi to the airport Airport Taxi with pre order about 20 € / person

#### Budget/person:

Hotel/single room	Wed.-Fri.	86,00 €	
	Fri.-Sat.	70,00 €	
	Total	242,00 €	242,00 €
Meals & other activities	Thu.	22,00 €	
	Fri.	20,00 €	
	Total	42,00 €	42,00 €
Transportation	Train	2 x 4,00 €	
	Minibus	15,00 €	
	Taxi to airport	≈ 20,00 € (Airport Taxi with pre order)	
	Total	43,00 €	43,00 €

**GRAND TOTAL**

**327,00 €**